RNAi induction and activation in mammalian muscle cells where *Dicer* and *eIF2C* translation initiation factors are barely expressed

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Abstract

Dicer plays an important role in the course of RNA interference (RNAi), i.e., it digests long double-stranded RNAs into 21–25 nucleotide small-interfering RNA (siRNA) duplexes functioning as sequence-specific RNAi mediators. In this study, we investigated the expression levels of *Dicer* and *eIF2C1~4*, which, like *Dicer*, appear to participate in mammalian RNAi, in various mouse tissues. Results indicate that the levels of *eIF2C1~4* as well as *Dicer* are lower in skeletal muscle and heart than in other tissues. To see if RNAi could occur under such a condition with low levels of expression of *Dicer* and *eIF2C1~4*, we examined RNAi activity in mouse skeletal muscle fibers. The results indicate that RNAi can be induced by synthetic siRNA duplexes in muscle fibers. We further examined RNAi activity during myogenic differentiation of mouse C2C12 cells. The data indicate that although the expression levels of *Dicer* and *eIF2C1~4* decrease during the differentiation, RNAi can be induced in the cells. Altogether, the data presented here suggest that muscle cells retain the ability to induce RNAi, although *Dicer* and *eIF2C1~4* appear to be barely expressed in them.
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RNA interference (RNAi) is the process of a sequence-specific post-transcriptional gene silencing triggered by double-stranded RNAs (dsRNAs) homologous to the silenced genes. This intriguing gene silencing has been found in various species including flies, worms, protozoa, vertebrates, and higher plants (reviewed in [1–4]). DsRNAs introduced or generated in cells are digested by an RNase III enzyme, Dicer, into 21–25 nucleotide (nt) RNA duplexes [5–8] and the resultant duplexes, referred to as small-interfering RNA (siRNA) duplexes, function as essential sequence-specific RNAi mediators in the RNA-induced silencing complexes (RISCs) [5,7]. Thus, Dicer appears to play an important role in the process of RNAi induction.

In mammalian cells except for a part of undifferentiated cells [9–12], long dsRNAs (>30 bp) can trigger a rapid and non-specific RNA degradation involving the sequence-non-specific RNase, RNase L [13], and a rapid translation inhibition involving the interferon-inducible, dsRNA-activated protein kinase, PKR, instead of induction of RNAi [14]. In contrast, chemically synthesised siRNA duplexes can induce the sequence-specific RNAi activity in mammalian cells without triggering the rapid and non-specific RNA degradation and translation inhibition [15]. Together, it is likely that RNAi activity induced by the long dsRNAs could be masked by those rapid responses to the long dsRNAs in most of mammalian cells.

It may be of interest to examine the role of Dicer in differentiated mammalian cells possessing the rapid responses to long dsRNAs. Mammalian dicer has been identified and found to be a large multi-domain

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polypeptide (~215 kDa) characterised by containing a putative DExH/DEAH RNA helicase/ATPase domain, a PAZ domain, two RNase domains, and a dsRNA-binding domain [16–20]. The expression of *Dicer* appears to be ubiquitous, but the level of its expression varies among tissues. Of the tissues examined previously, skeletal muscle appeared to express *Dicer* at a low level, i.e., the *Dicer* transcript appeared to be barely detectable at least using RT-PCR [16,17].

In this study, we investigated not only RNAi activity but also the expression levels of *Dicer* and *eIF2C1~4*, which, like *Dicer*, appear to participate in mammalian RNAi [21,22], in mouse skeletal muscle fibers, and muscle cells that differentiated from mouse C2C12 cells. The results indicate that RNAi can be induced by synthetic siRNA duplexes in those cells although the expression levels of *Dicer* and *eIF2C1~4* are lower than those in other tissues and undifferentiated C2C12 cells.

Materials and methods

Preparation and culture of muscle fibers isolated from extensor digitorum longus in mice. Isolation of muscle fibers from mice was carried

out as described previously [23]. Briefly, extensor digitorum longus (EDL) was isolated from mice (ICR mouse strain), treated with 0.5% type 1 collagenase (Washington biochemical) in Dulbecco's modified Eagle's medium (DMEM) (Sigma), and incubated at 37 °C for 90 min. After incubation, the EDL was dissociated into single muscle fibers by gently pipetting, and dissociated single fibers were plated on matrigel-coated 24-well culture plates (approximately 100 fibers/well). The muscle fibers were cultured at 37 °C in DMEM supplemented with 10% horse serum (Invitrogen) in a 5% CO_2-humidified chamber. Two–three hours after starting culture, transfection was carried out.

Cell culture. C2C12 cells were grown at 37 °C in DMEM supplemented with 15% fetal calf serum (Sigma), 100 U/ml penicillin (Invitrogen), and 100 μg/ml streptomycin (Invitrogen) in a 5% CO_2-humidified chamber. For induction of myogenic differentiation, cells were cultured at 37 °C in DMEM supplemented with 5% horse serum (Invitrogen) in a 5% CO_2-humidified chamber [24]. The medium was changed everyday.

Synthetic oligonucleotides. RNA and DNA synthetic oligonucleotides were obtained from PROLIGO and SIGMAGENOSIS, respectively. The La2 siRNA duplex described previously was used in this study, and preparation of RNA duplexes was performed as described previously [25].

Transfection and luciferase assay. Reporter plasmids and siRNA duplexes were cotransfected into isolated single muscle fibers and undifferentiated and differentiated C2C12 cells using Lipofectamine 2000 (Invitrogen) according to the manufacturers' instructions. When undifferentiated C2C12 cells were used, the day before transfection, the cells were trypsinised, diluted with the fresh medium without
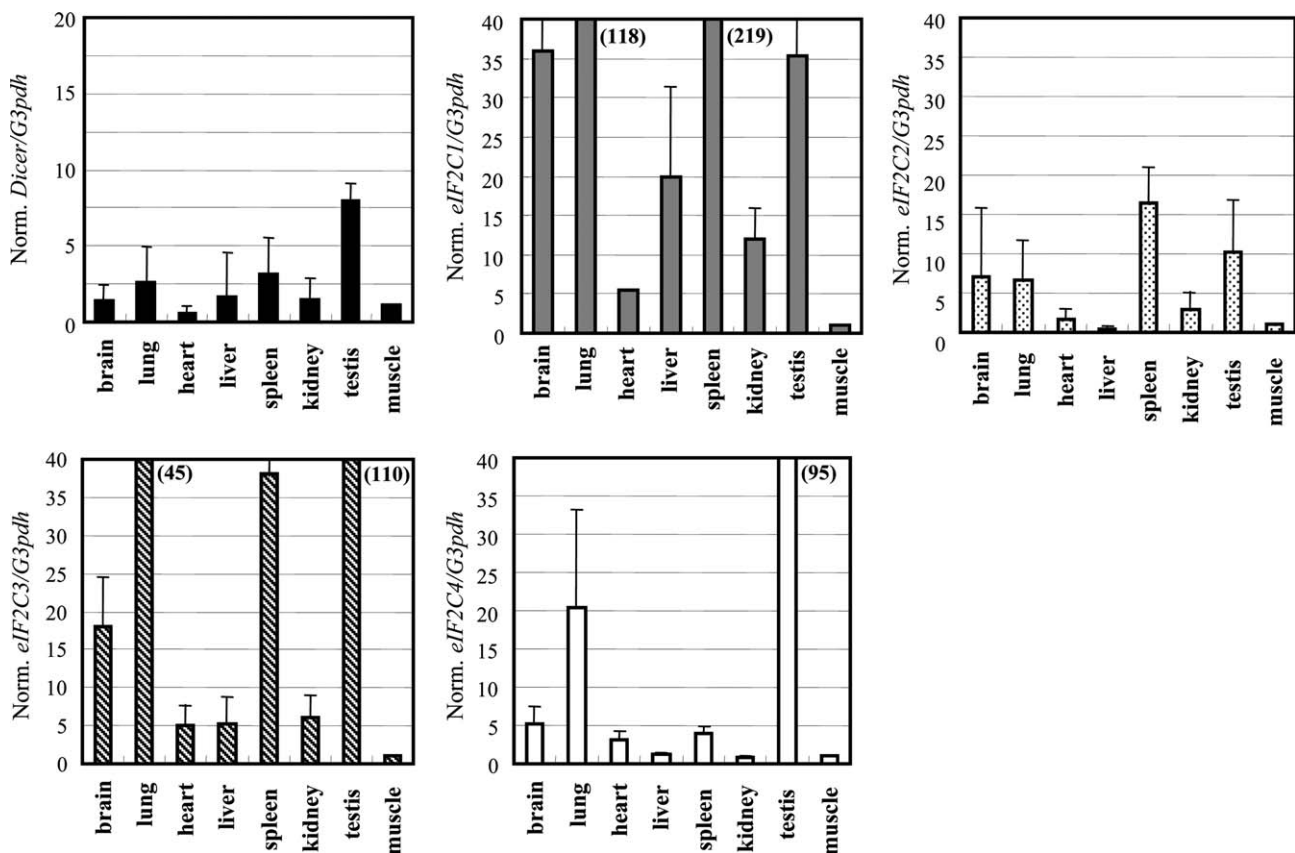

Fig. 1. Expression profiles of *Dicer* and *eIF2C1~4* in various mouse tissues. Total RNA was extracted from indicated tissues and subjected to cDNA synthesis with oligo(dT) primer and a reverse transcriptase. The expression levels of *Dicer* and *eIF2C1~4* were examined by means of a real-time PCR using the synthesised cDNAs as templates. The expression levels of the genes are normalised to that of the *G3pdh* gene examined as a control, and plotted when the expression level of either *Dicer* or *eIF2C1~4* in skeletal muscle is given as 1. Figures in parentheses indicate the averaged expression levels which are over the plotted areas. Data are averages of three independent experiments. Error bars represent standard deviations.

antibiotics, and seeded into 24-well culture plates (approximately 5×10^4 cells/well). Before the transfection, the culture medium was replaced with 0.5 ml OPTI-MEM I (Invitrogen), and to each well, 0.25 μg pGL3-control plasmid (Promega), 0.05 μg pRL-SV40 plasmid (Promega), and 0.2 μg siRNAs were applied. After 4-h incubation, 0.5 ml of the fresh culture medium without antibiotics was added, and further incubation at 37 °C was carried out. In the case of transfection into the isolated muscle fibers, the transfection mixture was directly applied into wells, and further incubation at 37 °C was carried out. When a short-hairpin expression plasmid, pRNA-U6.1/Neo/siRNA (GenScript), was used instead of synthetic siRNAs, 0.1 μg pGL3-control and 0.05 μg phRL-TK (Promega) together with various amounts of pRNA-U6.1/Neo/siRNA were introduced into C2C12 cells. The expression of luciferase was examined using a Dual-Luciferase reporter assay system (Promega) according to the directions provided by the manufacturer.

RT-PCR. Total RNA was extracted from the cultured cells and various mouse tissues using Trizol reagent (Invitrogen). Reverse-transcription (RT) for synthesizing the first-strand cDNAs was carried out using oligo(dT) primer and SuperScript II reverse transcriptase (Invitrogen) according to the manufacturer's instructions, and the resultant cDNAs were examined by real-time PCR using the ABI PRISM 7000 sequence detection system (Applied Biosystems) with a SYBER Green PCR Master Mix or a TaqMan Universal PCR Master Mix together with Assays-on-Demand Gene Expression products (Applied Biosystems) according to the manufacturer's instructions. For plotting a standard curve, the 1, 5, 25, 125, and 625-fold diluted brain cDNA samples, which were prepared from a brain tissue (total RNA) and designated as standards, were used in every real-time PCR. Expression levels of the genes examined were normalised to that of the control *G3pdh* gene. The PCR primers used in the real-time PCR were as follows:

G3pdh-F; 5′-TCTTCACCACCATGGAGAAG-3′
G3pdh-R; 5′-TCATGGATGACCTTGGCCAG-3′
Dicer-F; 5′-GCAGGCTTTTACACACGCCT-3′
Dicer-R; 5′-GGGTCTTCATAAAGGTGCTT-3′
eIF2C2-F; 5′-AGATGAAGAGGAAGTACCGT-3′
eIF2C2-R; 5′-CAGAACCAGCTTGTGCCTGT-3′

The Assays-on-Demand Gene Expression products used (the Assay ID numbers) were as follows:

eIF2C1; Mm00462977m1, *eIF2C3*; Mm00462959m1, *eIF2C4*; Mm00462659m1.

5-Bromodeoxyuridine incorporation assay. Cells were metabolically labeled in the culture medium containing 10 μM of 5-bromodeoxyuridine (BrdU) (Sigma) for 20 h, and rinsed with phosphate-buffered saline solution (PBS) followed by fixation with 70% ethanol containing 0.5 M HCl at −20 °C for 1 h. The resultant cells were incubated with anti-BrdU antibody (Oxford biotechnology) at 4 °C overnight. The BrdU-antibody complexes were visualised with Alexa488 conjugated secondary antibody (Invitrogen) and examined using a ZEISS (Axiovert) microscope.

Results and discussion

Expression profiles of Dicer and eIF2C1~4 in various mouse tissues

Previous studies suggested that *Dicer* and *eIF2C* translation initiation factors (*eIF2C1~4*) homologous to the *Ago* genes in *Drosophila* [26,27] contributed to mammalian RNAi [21,22]. *Dicer* appears to be expressed ubiquitously, but its expression level varies among tissues [16,17]. Since little is known about the expression levels of *eIF2C1~4* among tissues, we first

examined the levels of expression of *eIF2C1~4* and *Dicer* in various tissues. Total RNA was extracted from mouse tissues and subjected to cDNA synthesis with oligo(dT) primer and reverse transcriptase. The resultant cDNAs were examined by a real-time PCR. The results are shown in Fig. 1. The expression level of *Dicer* in either skeletal muscle or heart appears to be lower than those in other tissues, which agrees with the previous observations [16,17]. It should be noted that the expression levels of *eIF2C1~4* in either skeletal muscle or heart, like the expression profile of *Dicer*, are also significantly lower than those in the other tissues examined. Consequently, the observations suggest that
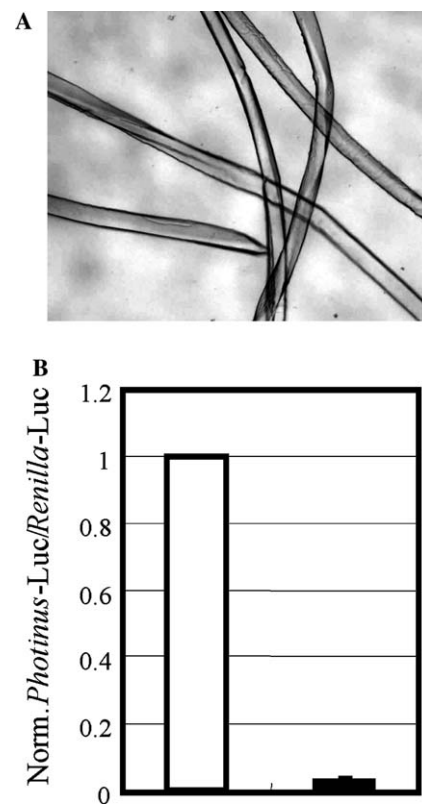

Fig. 2. RNAi induction by synthetic siRNA duplexes in muscle fibers prepared from mouse extensor digitorum longus. (A) Photograph of isolated muscle fibers. Isolation of muscle fibers from mouse extensor digitorum longus was carried out as described in Materials and methods. (B) RNAi activity in isolated muscle fibers. The La2 siRNA duplex against the *Photinus* luciferase gene [25] or a non-silencing siRNA duplex (Qiagen) together with pGL3-control and pRL-SV40 plasmids carrying *Photinus* and *Renilla* luciferase reporter genes, respectively, were cotransfected into the isolated muscle fibers. Twenty-four hours after transfection, cell lysate was prepared and dual luciferase assay was carried out. Ratios of normalised target (*Photinus*) luciferase activity to control (*Renilla*) luciferase activity are indicated: the ratios of luciferase activity determined in the presence of the La2 siRNA duplex are normalised to the ratios obtained in the presence of the non-silencing siRNA duplex. Open and solid bars indicate the data in the presence of the non-silencing siRNA and La2 siRNA duplexes, respectively. Data are averages of at least three independent experiments. Error bars represent standard deviations.

skeletal and cardiac muscle cells express either *Dicer* or *eIF2C1~4* at a low level.

RNAi activity in muscle fibers isolated from mouse extensor digitorum longus

The observations described above raised the question whether RNAi could occur in muscle, i.e., whether RNAi could be induced under a condition with a low level of expression of either *Dicer* or *eIF2C1~4*. In order to address the question, we isolated mouse muscle fibers from extensor digitorum longus of ICR mice (Fig. 2A), and introduced synthetic 21-nt siRNA duplex targeting the exogenous reporter gene, *Photinus* luciferase, together with a pGL3-control plasmid carrying the *Photinus luciferase* gene and a pRL-SV40 plasmid carrying the *Renilla luciferase* gene as a control into the isolated muscle fibers. For realizing an efficient RNAi

induction, we used the La2 siRNA duplex having the potential for inducing a strong RNAi activity in cultured mammalian cells [25]. As shown in Fig. 2B, the results indicate that the La2 siRNA duplex can induce a strong gene silencing of the *Photinus luciferase* gene in the muscle fibers. This result suggests that RNAi can be induced by synthetic siRNA duplexes in skeletal muscle which barely expresses either *Dicer* or *eIF2C1~4*.

RNAi activity during myogenic differentiation of mouse C2C12 cells

To further examine the properties of RNAi in muscle cells and during myogenic differentiation, we investigated RNAi activity in C2C12 cells, a mouse myoblast cell line, which can be induced by changing culture conditions (detailed in Materials and methods) to differentiate into contractile myotubes [24]. First, we
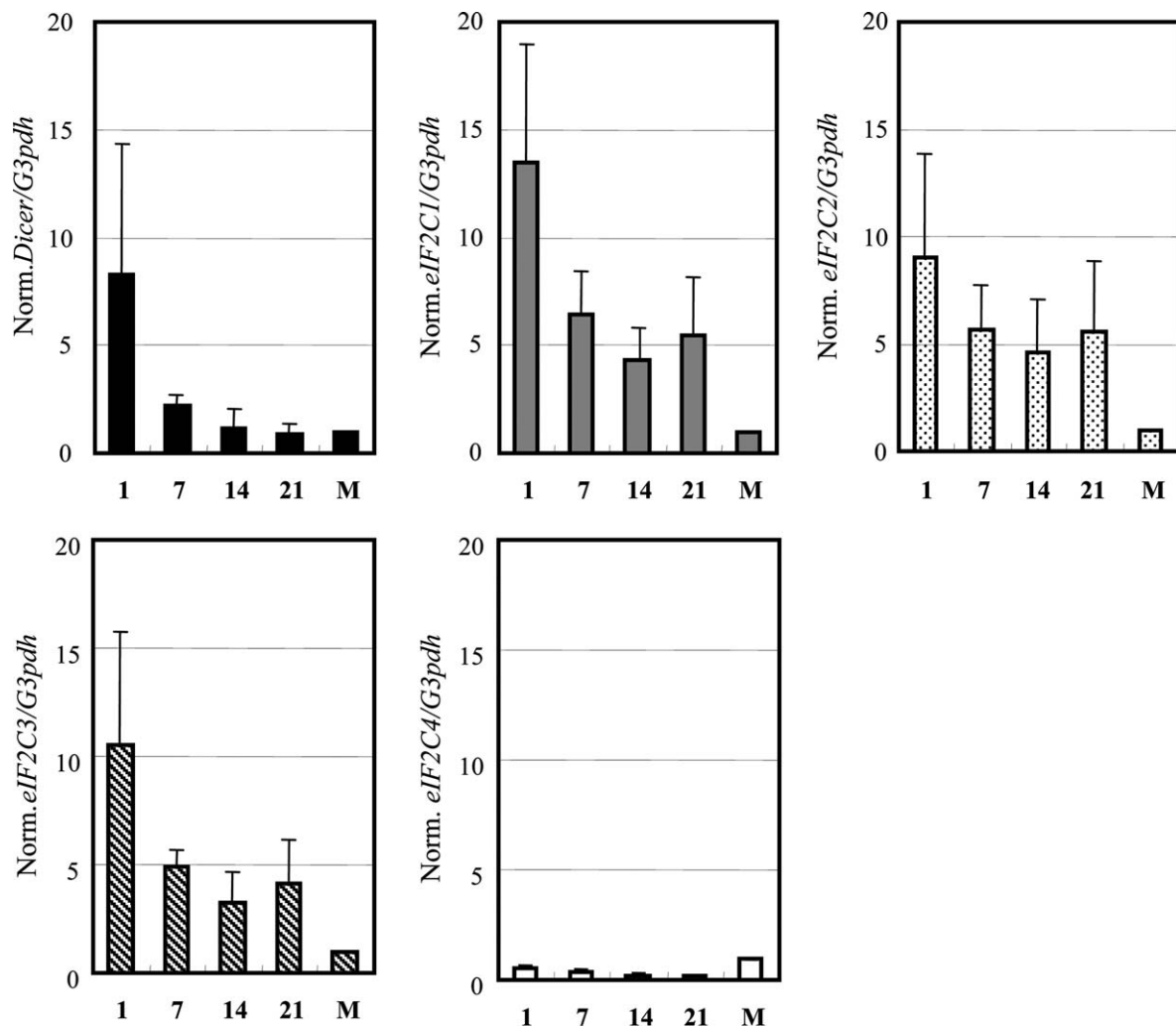

Fig. 3. Expression profiles of *Dicer* and *eIF2C1~4* during myogenic differentiation of mouse C2C12 cells. Total RNA was extracted from C2C12 cells at various days (indicated) after induction of myogenic differentiation of the cells (day 1 indicates undifferentiated C2C12 cells), and subjected to RT-PCR to examine the expression levels of *Dicer* and *eIF2C1~4* as in Fig. 1. The expression levels of the genes are normalised and plotted as in Fig. 1. M indicates skeletal muscle. Data are averages of three independent experiments. Error bars represent standard deviations.

examined the expression profiles of *Dicer* and *eIF2C1~4* during the myogenic differentiation of C2C12 cells and compared them with those of skeletal muscle examined above. As shown in Fig. 3, the expression profiles reveal that the level of expression of either *Dicer* or *eIF2C1~3* is gradually decreased during the myogenic differentiation of C2C12 cells, and that the *eIF2C4* gene is expressed at a low level in either C2C12 myoblast or myotube.
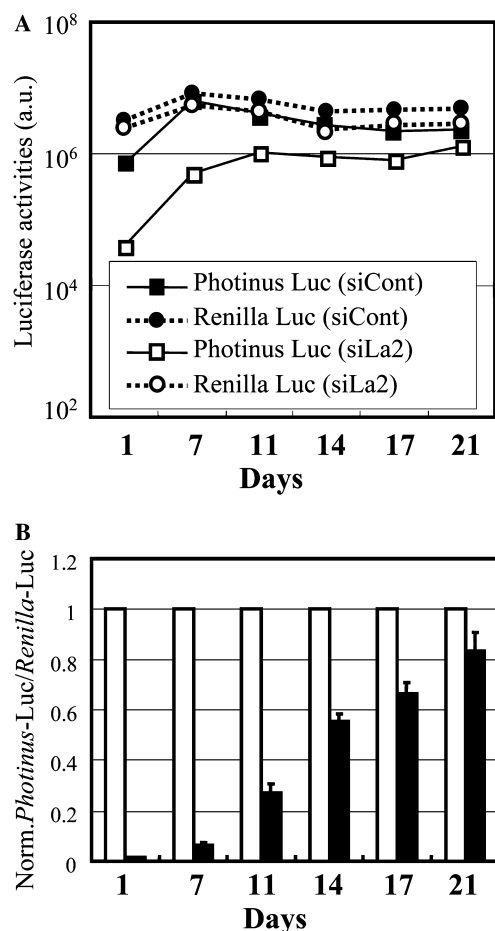

Fig. 4. Persistence of RNAi activity during myogenic differentiation of mouse C2C12 cells. The La2 siRNA duplex or a non-silencing siRNA duplex (Qiagen) together with pGL3-control and pRL-SV40 plasmids were cotransfected into C2C12 cells as in Fig. 2. Before transfection, the culture medium (DMEM containing 15% fetal calf serum) was replaced with DMEM containing 5% horse serum for induction of the myogenic differentiation of C2C12 cells. RNAi activity was examined 24 h after transfection (day 1), and thereafter examined at various days (indicated) up to 3 weeks after the transfection. (A) Absolute *Photinus* and *Renilla* luciferase expressions. The expression levels are plotted in arbitrary luminescence units (a.u.). (B) Ratios of normalised target to control luciferase. Ratios of normalised target (*Photinus*) luciferase activity to control (*Renilla*) luciferase activity are indicated as in Fig. 2. Open and solid bars indicate the data in the presence of the non-silencing siRNA and La2 siRNA duplexes, respectively. Data are averages of at least three independent experiments. Error bars represent standard deviations.
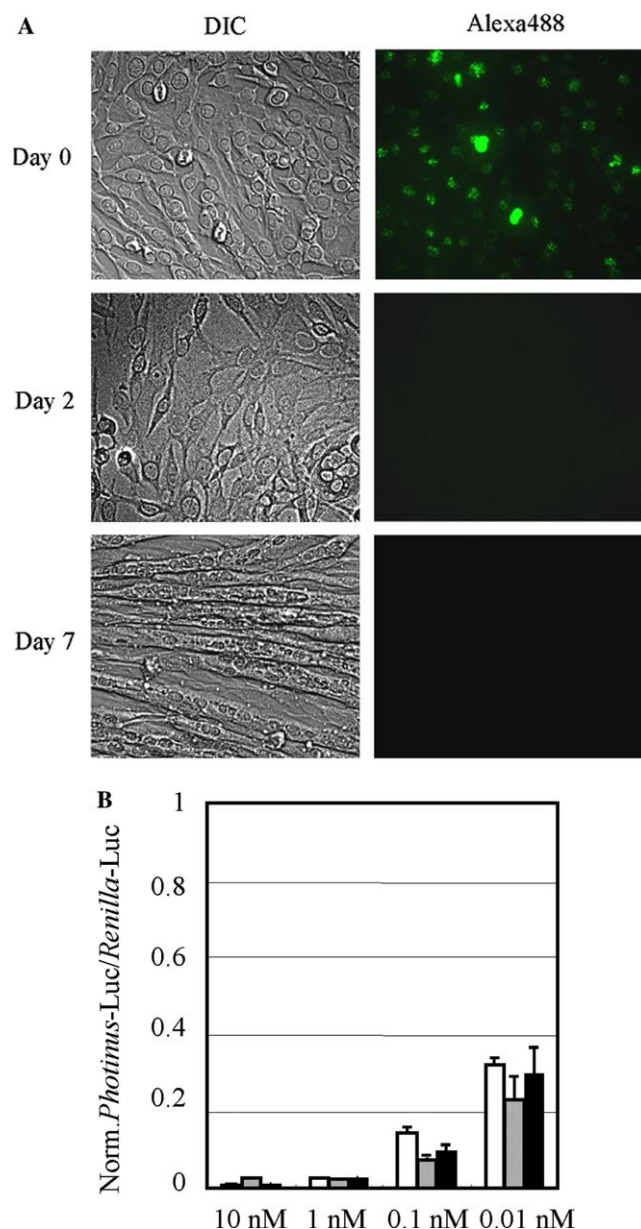

Fig. 5. Cell-cycle arrest and RNAi activity during myogenic differentiation of C2C12 cells. Myogenic differentiation of C2C12 cells was induced by changing the culture medium from DMEM containing 15% fetal calf serum to DMEM containing 5% horse serum. (A) Cell-cycle arrested C2C12 cells. Metabolically labeling of the cells with BrdU was carried out at indicated days after the differentiation. Day 0 indicates undifferentiated C2C12 cells. BrdU incorporated into the cells was visualised with an anti-BrdU antibody and an Alexa488 conjugated secondary antibody. The cells were examined by a florescent microscope. Left (DIC, differential interference contrast) and right (Alexa488, florescence image) panels are identical in visual field. (B) RNAi activity during the differentiation. The reporter plasmids carrying the *Photinus* and *Renilla luciferase* genes were cotransfected with a decreasing amount of the La2 siRNA or non-silencing siRNA duplexes (Qiagen), from 10 to 0.01 nM, into either undifferentiated or differentiated C2C12 cells. Ratios of normalised target (*Photinus*) luciferase activity to control (*Renilla*) luciferase activity are indicated as in Fig. 2. Open, dotted, and solid bars indicate the data in C2C12 cells that differentiated for 0 (undifferentiated), 2, and 7 days, respectively. Data are averages of at least three independent experiments. Error bars represent standard deviations.

Next we examined RNAi activity during the myogenic differentiation of C2C12 cells. The La2 siRNA duplex together with pGL3-control and pRL-SV40 plasmids was cotransfected into undifferentiated C2C12 cells, and simultaneously myogenic differentiation of the cells was carried out by changing culture medium as described above (see Materials and methods). As a result, a strong RNAi activity was detected by day 7 after RNAi induction (Fig. 4), when morphological changes of C2C12 cells into myotubes appeared to be completed (Fig. 5A); thereafter, the cells gradually lost the RNAi activity and lost most of the activity by day 21 after the induction (Fig. 4).

Because proliferating mammalian cells gradually lose RNAi activity with an increase in the number of cell divisions [12,28,29], we investigated whether cell division occurred in C2C12 cells during the differentiation by means of a BrdU incorporation assay. As shown in Fig. 5A, while the incorporation of BrdU into nuclei

could be observed in undifferentiated C2C12 cells, few or no BrdU-positive cells were detectable at day 2 and 7 after induction of the differentiation. In addition, from the data of Fig. 5B, the nature of RNAi activity during the differentiation appears to remain unchanged. Consequently, these observations suggest that C2C12 cells differentiated over 2 days are probably cell-cycle arrested cells, and thus that the decrease in RNAi activity during the myogenic differentiation of C2C12 cells is not caused by cell division.

We further examined RNAi activities in C2C12 myotubes that differentiated for 14 and 21 days. The results indicate that RNAi activities induced by synthetic siRNA duplexes are detectable in those differentiated C2C12 myotubes (Fig. 6), although the transfection efficiency of siRNA and plasmid DNA into the cells seemed to become lower as the culture was long. Taking all the data together, it is conceivable that the decrease in RNAi activity during the myogenic
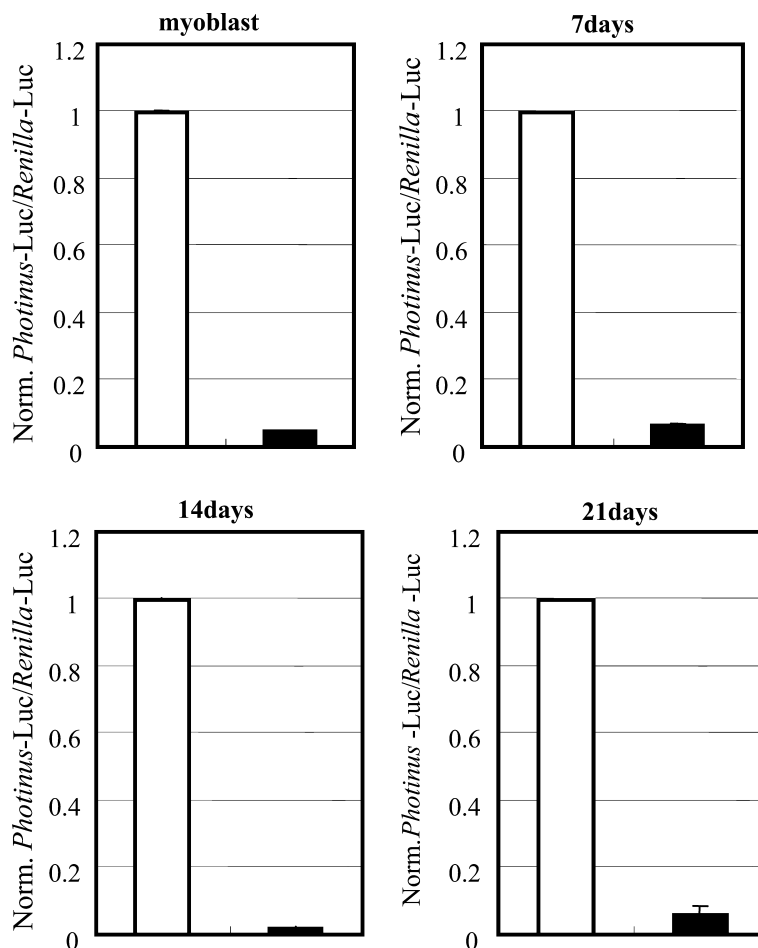

Fig. 6. RNAi induction after myogenic differentiation of C2C12 cells. Myogenic differentiation of C2C12 cells was performed as in Fig. 5. RNAi induction was carried out as in Fig. 2 at indicated days after induction of the myogenic differentiation, and each RNAi activity was examined 24 h after RNAi induction. Ratios of normalised target (Photinus) luciferase activity to control (Renilla) luciferase activity are indicated as in Fig. 2. Open and solid bars indicate the data in the presence of the non-silencing siRNA and La2 siRNA duplexes, respectively. Data are averages of at least three independent experiments. Error bars represent standard deviations.
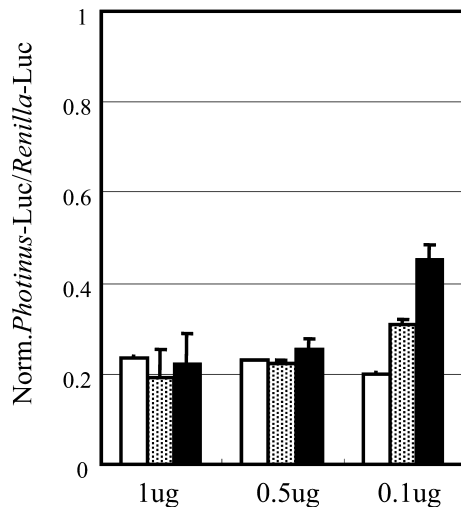
Fig. 7. RNAi induction by short-hairpin RNAs during myogenic differentiation of C2C12 cells. The pRNA-U6.1/Neo/siFluc plasmid (GenScript), which can express a short-hairpin RNA (shRNA) against *Photinus luciferase*, and pRNA-U6.1/Neo empty vector (GenScript) as a control were used. The pGL3-control and phRL-TK plasmids together with a decreasing amount of each of the pRNA-U6.1/Neo/si-Fluc and pRNA-U6.1/Neo (a negative control) plasmids, from 1 to 0.1 μg, were cotransfected into C2C12 cells. The expression of luciferase was examined 24 h after the transfection. Ratios of normalised target (*Photinus*) luciferase activity to control (*Renilla*) luciferase activity are indicated as in Fig. 2. Open, dotted, and solid bars indicate the data in C2C12 cells that differentiated for 0 (undifferentiated), 2, and 7 days, respectively. Data are averages of at least three independent experiments. Error bars represent standard deviations.

differentiation of C2C12 cell may be caused by losing the stability of functional RISCs in the differentiated C2C12 myotubes.

RNAi induction by short-hairpin RNAs in C2C12 cells

Because Dicer appears to be required for the process of short-hairpin RNAs (shRNAs) into siRNA duplexes, it may be of interest to see if shRNAs can induce RNAi in C2C12 myotubes which barely express *Dicer*. To examine this, we introduced a shRNA expression plasmid against *Photinus* luciferase, pRNA-U6.1/Neo/siRNA, together with the reporter plasmids carrying the *Photinus* and *Renilla* luciferase genes into C2C12 myoblast and myotubes. The results indicate that the shRNA expression plasmid, or shRNAs can induce RNAi in either C2C12 myoblast or myotube (Fig. 7), suggesting that the Dicer protein could be present in those cells. An interesting point to note is that a decrease in the RNAi activity induced by 0.1 μg pRNA-U6.1/Neo/siRNA was observed in C2C12 myotubes that differentiated for 7 days. This may be caused by a possible decrease in the amounts of Dicer and eIF2C1~4 in the cells. To further evaluate the results and a possible relationship between the quantitative level of either Dicer or eIF2C1~4 and RNAi activity, more extensive studies must be conducted.

Integrity of mammalian RNAi

Our previous study has demonstrated that RNAi activity induced by synthetic siRNA duplexes in post mitotic neurons persists for at least 3 weeks, i.e., a long-lasting RNAi activity occurs in mammalian neurons [29]. Our present and previous studies, therefore, suggest that there is a significant difference in the duration of RNAi activity between muscle and neuron, both of which are terminally differentiated and cell cycle-arrested cells. Since neither muscle nor neuron probably undergoes a decrease in the number of functional RISCs by cell division, it may be possible that the stability of functional RISCs could differ between muscle and neuron.

The present observations further suggest the possibility that a little amount of either Dicer or eIF2C1~4 might be sufficient for activation of mammalian RNAi. This seems to be an important point for understanding mammalian RNAi, and further studies on the contribution of either Dicer or eIF2C1~4 to mammalian RNAi must be conducted.

Finally, all the data presented here lead us to the possibility that RNAi may be applicable for a creation of possible model cells and/or model animals for inherited muscular diseases, for example, muscular dystrophy.

Acknowledgments

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